

# Koenig | Dunne Divorce Law

## Providing Support in the Present Moment

By Cynthia Jeffrey

**When you are going through a transition, it is difficult to see beyond the present moment. Just thinking about the future can be overwhelming, and taking steps to make a future can feel daunting.**

The staff at Koenig | Dunne Divorce Law understands those feelings because they have been there. They know how it feels to be overwhelmed.

They understand when you tell them you cannot imagine a future where you are happy and hopeful. Their firm is here to empower you through every step until you are able to do it on your own.

Susan Koenig and Angela Dunne are advocates. They are transition supporters. They met by chance 15 years ago, and together, have built a solid practice. They brought together a staff of people who truly believe in helping their clients through one of the most difficult situations they will ever face—divorcing their loved one.

With a mission to fearlessly serve and support their clients, Susan and Angela epitomize advocacy. They ensure their clients' needs are met. A staff member is always available to take a call, ensuring a real person is always there when needed.

Koenig | Dunne Divorce Law recognizes that clients "need support in the present moment."

Staff members provide client education and a promise to guide you through your divorce differently than any other attorney.

Several years ago, both Susan and Angela experienced difficult transitions. Rather than isolating—which is incredibly easy to do when you are undergoing a stressful situation—they supported one another and began writing their feelings and experiences. They created a blog and shared their feelings, fears, challenges, and successes with the world. Through their experiences, they drew upon strengths they found within themselves and



Susan Koenig and  
Angela Dunne

## Fall Chores:

*Rake & bag leaves, Clean gutters, Winterize house*

*Prepare for Winter — Move to Sunridge Village!*

  
**Sunridge  
Village**

INDEPENDENT LIVING  
RETIREMENT COMMUNITY

*Enjoy Life & Live Worry Free*

**Call Today!**

135th & Blondo Street

402-496-0116

[www.sunridgeomaha.com](http://www.sunridgeomaha.com)

*No Entrance Fee. No Buy In. Heated Underground Parking.*

one another. They were inspired to teach their clients to do the same.

Beginning in January 2015, a new opportunity will be available for women going through transitions. "Transcending Your Transition: An Empowerment Series for Women During Transformation" will begin. Meeting one Tuesday evening monthly for six consecutive months, skills and tools will be provided to women experiencing a difficult transformation.

This series differs from a traditional support group, as participants will be empowered through their transformations by education. Speakers will be brought in to enlighten and empower all participants as they progress through the changes in their lives.

Participants will learn about life mapping; they will set goals. During mapping, participants will be guided to look at their obstacles and challenge themselves to remove those obstructions in order to meet their goals. Too often we focus on the negative aspects of our life; in this class, the focus will be what the participants want to achieve and how to get there.

There will be a speaker on health and wellness. Frequently during transitions, your physical health declines as your energy goes to completing your daily tasks. It is imperative to positively focus on your health—spiritually, emotionally, and physically. Focus will be placed on grieving, as everyone touched by divorce truly experiences a loss and must be allowed to grieve through their transitions. All participants will learn how to create their own joy.

Financial planning will also take place. During transitions, finances often change, and we must change with them. Learning to adapt to new roles and get take over the financial planning can be overwhelming. This series will empower women to take control of their budgets and learn how to incorporate a budget into their newly found roles.

These women are changing the face of divorce. They are envisioning different ways for clients to be participants in a difficult situation. As they continue to evolve, so will the face of divorce. Clients can expect to be active participants through their process.

Additionally, Susan and Angela really did write the book on divorce. The second edition of Divorce in Nebraska was recently released, answering hundreds of questions regarding divorce in Nebraska. Initially written by Susan, this book was so widely received, it is being replicated in 20 other states—updated for each state's legalities.

With forward-thinking determination, Koenig | Dunne Divorce Law continues to provide opportunities for clients. Susan has been involved in executive coaching for the last 10 years, while Angela broadens her experiences by sharing her expertise on state advisory boards.

If you are looking for someone to stand by your side, educate, empower, and support you during your transition, look no further. These women understand your need for support in the present moment and will continue to empower you until you are ready to walk alone. For an idea of Susan and Angela and what they stand for, visit [www.nebraskadivorce.com](http://www.nebraskadivorce.com). **WE**

*Koenig | Dunne  
Divorce Law  
recognizes that clients  
"need support in the  
present moment."*

**Be Inspired.  
Get Fit.  
Become Elite.**

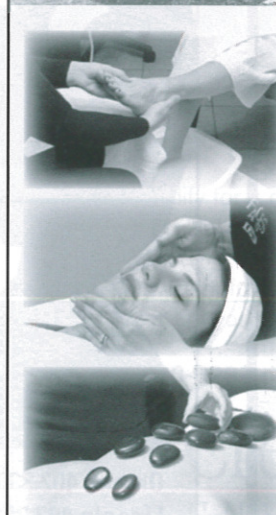
Get In • Get Out • No Waiting  
Weight & Cardio  
Machines  
Swimming • Spa  
Dry Sauna  
Steam Room  
Tennis • Volleyball  
Les Mills Fitness Classes  
Full Service Day Care

•NEBRASKA•  
**ELITE**  
SPORTS & FITNESS COMPLEX

**Omaha's largest  
locally owned health club.  
Join today!**  
1212 N 102 St • 402.706.4109  
[www.2B-elite.com](http://www.2B-elite.com)

\*when you purchase a membership. (memberships start as low as \$49/mo and \$69/mo for couples)

**Moving November 15th!**



FACES Day Spa—  
you love our services,  
you will soon love  
our new location!

**FACES**  
the quintessential day spa

**402-384-8400**  
**8715 Countryside Plaza**  
**(87th & Pacific)**  
[facespa.com](http://facespa.com)